



*Grand Knight*-----*Dominic Glass*

I defer my time to the Most Holy Pontiff’s session from this weekend...

From Vatican Radio 8/23/2015:

The Pope asked if we would remain with Jesus, referring back to the day’s Gospel. In Sunday’s reading, some of Jesus’ disciples left Him, because He had disappointed their expectations of a worldly Messiah, a leader that would be immediately successful. But Jesus said He was the Bread come down from Heaven, who would give His Flesh for food and His Blood for drink – clearly pointing to the sacrifice of His own life. The disciples who left Jesus misunderstood the “disturbing language” of the Master.

But Peter confessed his faith, and that of the other Apostles: “Lord, to whom shall we go? You have the words of eternal life.” Pope Francis said Peter’s question – to whom shall we go – reveals that the problem is not one of leaving and abandoning the work one has begun, but is rather a question about a person: “To whom shall we go?” From Peter’s question, the Pope said, “we understand that faithfulness to God is a question about faithfulness to a person.” All that we have in this world, he continued “will not satisfy our hunger for the infinite. We need Jesus, we need to remain with Him, to nourish ourselves at His table, on His words of eternal life.”

When we are attached to Jesus, in a true relationship of faith and love, we are not bound, but rather, are profoundly free as we journey with Him through life.

## PRAYERS FOR THE LIVING

*Fr. Ryan, Dolores Ott, Anthony Delgado,  
Simon Salcedo and Tom Sanders*

## PRAYERS FOR THE DECEASED

*Mr and Mrs Chon Figueroa*



My Brothers,

Do you like to read books? It has been one of my favorite past times for these past 50 years! Good authors can help us understand science, make sense of history, and entertain us or lift us up to do better for our families and communities.

I am now in the middle of a recent history of the Middle East starting in the 1940's. The book is called "The Looming Tower", and it first focuses on an Egyptian named Sayyid Qutb. He was an educated, a mid-level bureaucrat in the Egyptian government, and traveled to study in the US in the late 1940's. He started taking courses at Colorado State U in Greeley, Colorado. He thought it was beautiful, and was enthusiastic about the US because we had revolted from our colonial English ruler. Egypt was also a colony of the UK, and many Egyptian's bristled under this. But in spite of the optimistic start, Mr. Qutb became horrified at what he thought the US represented. He imagined what was happening in the US and elsewhere in western Europe would bring about the downfall of Islam. He went on to form the Muslim Brotherhood. This movement inspired many young Muslims in the 1960's and 70's, and eventually spun into Al Qaeda and ISIS.

Some say this movement will bring about the "fall of the west". Will our society defend our way of life and our institutions? Or will we let the chips fall as they may? Ask your friends and families to contemplate this. Or perhaps you may even read this book!

**Installation: Thursday, 9/10/2015 at 6:30pm  
Knights and Knight's Ladies.  
Dinner at 5:30pm and  
Abbreviated General Meeting  
to follow installation!  
Come out and show your support!**

## KofC News

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4th Degree General Meeting Sept 15th at 7pm. 4th Degree Christmas Party already set for Saturday Dec 19th



## Blood Bank Notes

Don Jones,  
Chairman of the "Blood Bank"



Fellow Knights: During the month of July we had 8 donations! This is the highest number in a month we have had since I took over this position. Thank you for responding to this precious need of our community.

Previously (April 2014) we explored the function of the red blood cells in blood, focusing primarily on the transport of oxygen and carbon dioxide by the hemoglobin. Let's take a closer look at hemoglobin; its structure, how it works, and the major variants found in the human population. As you may recall, hemoglobin is found in the red blood cell and its amount in our blood is indirectly tested when we donate through the measurement of our hematocrit.

As a refresher, hemoglobin (Hgb) is actually a complex of protein (globin) and an iron-containing compound called a porphyrin (heme). Each complex consists of four subunits. Thus, in a normal Hgb there will be four globin parts, each attached to a heme. The body actually makes a variety globin molecules, each of which has a particular difference in its structural chain. The majority of adult Hgb (about 97%) is made of two alpha-chain globins and two beta chain globins and, as mentioned, each of these is attached to a heme. This is called Hemoglobin A or Hgb A. A smaller percentage (about 2 or 3%) is made using two alpha-chain globins and two delta-chain globins; this is called Hgb A2. Both of these variants work the same way in transporting oxygen and carbon dioxide in the blood stream.

The heme has an affinity for oxygen, causing it to become attached under certain conditions. These conditions include the acid level (pH) of the surrounding fluid, the amount of oxygen available, and the presence of interfering substances (e.g., carbon monoxide). The conditions in the lungs allow for about a 98% or higher saturation of all Hgb with oxygen molecules. As the blood is taken to the cells of the body, there is a slightly lower pH due to the cell's production of carbon dioxide. This lessens the affinity of the heme for the oxygen molecule and releases some of it for use by the cell to eventually produce more carbon dioxide. As the oxygen is released, some of the carbon dioxide latches onto the Hgb and is transported to the lungs where it will be released for us to exhale. NOTE: most of the carbon dioxide (about 70%) from the cells is converted to bicarbonate which lowers the pH of the cellular environment. A small amount (about 7%) is dissolved as a gas in the blood's plasma and is transported to the lungs without being attached to the Hgb.

Oxygen and carbon dioxide molecules do not attach to the Hgb in the same place. However, the binding of carbon dioxide causes the release of the bound oxygen to be taken up by the cell. Likewise, at higher oxygen levels (as in the lungs), the Hgb binding to carbon dioxide is lessened, releasing it for expiration.

Next month we will begin to look at some of the Hgb variants: fetal hemoglobin, sickle cell hemoglobin, and a few others

Please continue to make an effort to visit the blood bank; as you know, the gift of blood is the gift of life for someone. For an appointment, call 1-800-879-4484. Remember to use our group number 'OKC8' when you check in. God bless.

Don Jones  
For August 2015 newsletter

## MR PROJECT NEWS

**MR project ramping up - Please consider volunteering just a couple of hours this year to increase it's success.... More details coming soon!**

**Any questions please contact Grand Knight Dominic Glass**



# Bible Study

Wednesday from 7 PM to 9 PM

in the council lounge

*Bob Herness*  
Church Director, 4488



Brother Knights and Friends,

As the leaves begin to turn, the days grow shorter, you might want to reflect on our eternal destiny. We were created in God's image and likeness in order to know Him, serve Him and love Him above all else. That includes the NFL, our loved ones, our privacy and anything else that keeps us from putting God first. As each of us gets one day closer to our judgement day, reflect, and pray that we confess our sins, pray more often and do the works of charity that Jesus commands in Matthew 25: 42- to the end of that chapter. Thank God, our council does participate in helping the infirm, the intellectually challenged and the poor. We are also called to know what the Church actually teaches about supporting evil, even if modern society calls it the law, e.g., abortion, same sex marriage, having sex outside of marriage, etc.

That is why we invite all of you to join us on Wednesday evenings at 7:00pm so we can read the scriptures, study the encyclicals and political arguments of the day. In the Catechism of the Catholic Church, we are called to form a correct Catholic conscience so we don't vote for those who push the agenda that comes from the evil one. If you disagree, show up and let us know where the Church approves of some of the issues. May God bless all of you, my Brother Knights.

Bob Herness, Church Director, Council 4488

## COUNCIL FIELD AGENT REPORT

**David Keeling,**  
Council Field Agent



### *Legacy Planning*

Is there a wish or need on your part in providing funds for; estate protection, gifting your family heirs, a charitable gift or trust, a special needs child or any other legacy purpose?

The Knights of Columbus has an "extremely competitive" 2nd-to-die plan designed to provide a maximum-guaranteed benefit per dollar of premium, payable at the 2nd death of 2-insureds (one of which is not required to be insurable or even a spouse). This is the epitome way to create a maximum of tax-free funds for your chosen recipient.

Many parents simply put money in a bank savings or similar type program to leave for their children or grandchildren as a gift of love or support, or to gift their Parish or a certain cause that's close to their hearts. While banks might be a safe place to keep money, there are ramifications involved bequeathing bank held funds to a person/ family member that would be considered a part of their annual earnings and possibly move them into a higher tax-bracket. You wouldn't want that to happen. Life Insurance funds are usually exempt from this problem.

In a 2nd-to-die plan, when the first insured dies, nothing happens. When the 2nd insured dies, the benefit is paid to the beneficiary(s) named in the policy contract, whether that is a person, an organization or a Trust (which pays the proceeds in the way & timing the trustee's set up). You can also use a Single Premium Whole Life policy for legacy gifting which you pay the whole the cost of the plan in 1-nicely-discounted payment and it is all paid for completely.

You should also know if your gift is to a certain cause or organization, you are likely able to claim that donation as a tax write-off which benefits you back for your generosity (confer with any attorney). Call me at (909) 824-1024 or e-mail: [david.keeling@kofc.org](mailto:david.keeling@kofc.org) for any questions you have or ask for a general information folder I can provide you. David Keeling, Field Agent



Jacob

On March 19, 2015 a Boy Scout Eagle Scout Service project at OLA began from 7am thur 3pm on March 21,2015. The Project Manager/Eagle Scout candidate responsible for the project is Jacob C. Gomez from Our Lady of Assumption Boy Scout Troop 128.

The intent of the project is to allow a Boy Scout to give Leadership to others through proper planning and development while representing his best efforts that should result in making a significant impact to the Community.

This particular project involved 2 phases:

1. Removing the old wooden fence that encloses the backyard of the Convent the Sisters' reside in and constructing a new fence with gates and painting it.
2. Removing the old retaining wall surrounding the planter located in the parking lot and adjacent to the Convent and constructing a new wall.



Before & After



This project was made possible by 40 volunteers working approximately 200+ hours at an estimated cost of \$1600.00 donated by friends, family, Scouts and Parishioners of OLA. A special thanks goes to Fr. Henry for approving this project and allowing Jacob to fulfil the Eagle Scout candidate Service Project requirement, Paul Dainko (HUB CITY), Chris Lockwood (woodworker), Eddie Lopez (Construction Genius), Sister Betty and Sister Chamillus.



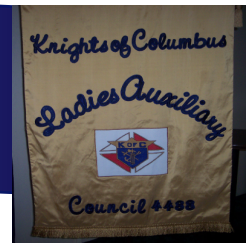
Wall

**There's more!** Collin Smith has made 5 picnic tables for the Outreach Program yard. People coming to receive food now have a place to sit, eat and socialize. Thanks to the generous donations from family, friends and parishioners. Thank you Collin!

## Collin with Tables



# Knights Of Columbus Ladies Auxiliary Council 4488



Ladies, mark your calendars for the first fundraiser of the new Columbian year. We will be having our next bingo luncheon on Saturday, October 17 at 12 noon. Come and support us for a good lunch, fun time and raise money for our causes.

Our installation of officers for the new Columbian year will be following dinner and prior to our meeting on September 10. Please join us and support your new officers.

We will be cooking again for the October meeting. Bring your ideas for the menu to the next meeting. May God bless you all.

Judy Figueroa, Knights' Ladies President



One more Bingo Board Member needed!  
Come help mold and guide the Bingo operations  
with like minded business men, See  
the Grand Knight!

**Vincent Padilla Jr. heading up  
committee to explore  
Knight Free Throw  
competition.  
If interested,  
contact him  
at [Padilla\\_Vi@sbcity.org](mailto:Padilla_Vi@sbcity.org)  
or DGK Ernie Ott.**



**BASKETBALL**

Several weeks ago, the U.S. Supreme Court rendered such unbelievable decisions in upholding same-sex marriage and validating Obama Health-Care that most of us were in shock. Fast forward a few weeks to the present day, and we find that our nemesis, the abortion industry, has been breaking the law by selling baby parts for profit from aborted babies to be used, supposedly, for research purposes. Since history has shown that the U. S. Government has favored the abortion industry in so many disputable litigations, and sometimes, criminality, those people involved in these sales must have felt that a blind eye would be turned in their direction. Our Pro-Life people in the forefront of major organizations have known that such sales of aborted babies have been going on for a long time. They just did not have the evidence to prove it, until now. Planned Parenthood (PP), the largest abortion provider in the country, and the organization which receives over 500 million dollars of our tax money, annually, has been caught with its hand in the cookie jar because the sting operation to acquire this evidence has produced 5 videos showing various PP medical representatives in the act of selling the baby parts. However, a recent attempt to defund PP by the Congress has failed because it could not get the necessary votes to override a veto by the President who is rabidly pro-abortion. This is not the end of our attempts to cut off money to the abortion industry; for even if we would have been able to defund PP, the pro-aborts in congress would have just provided funds to other organizations performing abortions. Therefore, it behooves the next pro-life president to become successful in achieving personhood for the unborn child, thus removing all doubt that funds must not be provided to any organization which performs abortions. Brother Knights and your families: it is our obligation to be pro-active, keep abreast of what is happening in the pro-life area and sign all petitions which help our cause, especially when they pertain to "Personhood For The Unborn."

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*"In God We Trust"*

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# SEPTEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			CHURCH & BIBLE STUDY 7:00 PM	OFFICER'S MEETING 7:00 PM	 6:15 - 10:00 PM	
6 ATTEND MASS	7  6:15 - 10:00 PM	8	9 CHURCH & BIBLE STUDY 7:00 PM	10 INSTALLATION OF OFFICERS 6:30PM DINNER ST 5:30PM SHORT OFFICER'S MEETING FOLLOWING	11  6:15 - 10:00 PM	12
13 ATTEND MASS	14  6:15 - 10:00 PM	15 4TH DEGREE GENERAL MEETING AT 7PM	16 CHURCH & BIBLE STUDY 7:00 PM	17 BULLETIN ARTICLES DUE DEL ROCO 7:00 PM	18  6:15 - 10:00 PM	19
20 ATTEND MASS	21  6:15 - 10:00 PM	22	23 CHURCH & BIBLE STUDY 7:00 PM	24	25  6:15 - 10:00 PM	26
27 ATTEND MASS	28  6:15 - 10:00 PM	29	30 BINGO BOARD 7:00 PM CHURCH & BIBLE STUDY 7:00 PM			